



JAN-FEB 2023



Family News



Leelanau County 4-H Award Winners in the Spotlight



We had a wonderful time at the Bay Theatre in Suttons Bay on January 15th, celebrating our 4-H award winners with certificates, pins, trophies, gift cards, and more, enjoying pizza and clover-shaped cookies, and watching the movie Shrek (wearing our Shrek ears) and eating popcorn and drinking pop. A huge shout-out to our Leelanau County 4-H Youth Association for sponsoring the event and making it a fun experience for all of the 70+ people in attendance! And, at the very end, our youth and adult volunteers stepped up and helped clean up the theatre, helping the Bay's volunteers prepare for their next movie showing.

As Shrek would say, 4-H has layers!

continued inside....

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List of Project Award Winners (in alphabetical order). These youth are nominated by their leader after having taken part in a project for at least two years with dedication and enthusiasm. They received a certificate and a project pin.

Marin Barrett	Beef; Goat; Alpaca
Morgan Barrett	Goat
Camila Creamer	1 st Year Pin
Kinsley Crowther	Arts and Crafts
Ava Garvin	Achievement
Amelia Goad	Horse
Evelynn Grant	Cloverbud
Garrett Grant	Goat
Kenneth Grant	Goat
William Grant	Mentorship
Amelia Kish	Leadership
Piper Kroupa	1 st Year Pin
Adeline LaCross	Leadership
Ava Martinson	1 st Year Pin
Genevieve Martinson	Cloverbud
Teagan Martinson	1 st Year Pin
JC Oosse	Poultry Science and Embryology



Jenna Peplinski	Achievement
Isabelle Plamondon	Leadership
Jaxson Plamondon	Poultry
Irene Spinniken	1 st Year Pin
Faith Steffens	Shooting Sports
Judy Steffens	Achievement
Lilly Sterzer	Achievement
Henry Sutherland	1 st Year Pin
Adele Swinger	1 st Year Pin
Clara Swinger	1 st Year Pin
Eliza Swinger	1 st Year Pin
Amanda Tarsa	Achievement
Janaya Thoreson	Leadership
Eleanor Valkner	Beef
Lorna Wiesen	Citizenship
Bella Wolf	Leadership



Special Leelanau County 4-H Awards

All of the youth were nominated by their leaders, and then they were asked to also send in an application with different requirements to our 4-H office in order to be considered for their award. We have so many young folks to be proud of!



Welcome
to the
2023 Leelanau County
4-H Celebration!

4-H Pre-Teen Member of the Year Award

This award is presented to a member who is 12 years old or younger. The member must demonstrate a strong commitment to his or her club and a willingness to be helpful and cooperative. The winner and the honorable mention both received trophies and a certificate, and the winner also received a \$20 gift card for Amazon.

Congratulations to...

Amelia Goad
Hidden Beech Equestrians
Winner

Faith Steffens
Frontier Quest
Honorable Mention



4-H Club Officer of the Year Award

Serving as an officer in a 4-H club is a very important leadership role in 4-H. The young person is expected to take on leadership within the club, assisting the 4-H volunteer with decision-making, coordination of club activities, budgeting, and communication. The winner was awarded a trophy, a \$20 gift card from Amazon, and a certificate and pin.

Congratulations to...

Isabelle Plamondon, Frontier Quest, Winner



4-H Teen Leader of the Year Award

Serving as a Teen Leader is a very important role in 4-H. The young person is expected to assist the 4-H leader in teaching the younger members and to take responsibility for a segment of the club's operation. The winner and honorable mentions received trophies and certificates, and the winner also received a \$30 gift card from Amazon.

Congratulations to...

Jenna Peplinski, Hidden Beech Equestrians, Winner

Judy Steffens, Frontier Quest, Honorable Mention

JC Oosse, Frontier Quest, Honorable Mention

Adeline LaCross, Hidden Beech Equestrians, Honorable Mention

The Michigan 4-H Key Club Award

This is the highest 4-H honor presented to an individual at the county level. The teen needs to be 16 years of age by January 1st of the current year, completed 3 years of club work, completed 4-H projects in at least two different project areas, served as a Teen Leader, and participated in three regional and/or state 4-H events. The winner received a trophy, Key Club jewelry, a certificate, and a \$50 Amazon gift card.

As part of her award application, the winner wrote a very heartfelt essay, and I would like to share part of it with you to demonstrate why she won this award.

“My experience in 4-H provided me the opportunity to grow as an individual, pushing me to become more outgoing and allowing me to gain confidence in social situations. This caused me to seek out learning opportunities, such as obtaining an internship at a local veterinary hospital and becoming more confident in daily life. 4-H taught me to work as a team and to be a leader. I was able to expand my confidence from myself to my group members, allowing us all to collectively grow. My 4-H experience also exposed me to horses, which helped me discover my love of animals and an interest in science. This led me to pursue veterinary medicine as a possible career and a certification in equine massage, which I expect to have in the next several months. My 4-H experience made me realize how many opportunities I have in daily life to learn and pursue my interests. It taught me I can always learn more.”

Congratulations to winner Amelia Kish of Hidden Beech Equestrians!





Leelanau County 4-H Club of the Year Award

This award is presented to a club based on the educational and social activities it offers its members and the community service projects the club members participate in. This year's club of the year exemplifies the Head, Heart, Hands, and Health of 4-H. Even though they are a very new club here in Leelanau, they cheerfully and very willingly signed up for various events such as Orchard Tours and More during the Cherry Festival and the Leland 4th of July Parade by bringing multiple youth, volunteers, family members, and ponies, even winning "Best Children's Costume". They plan to continue their busy outreach this winter with a tack sale, attending the Horse Expo in East Lansing (overnight), taking part in the Leland parade again, and working toward taking part in the coming fair and some horse shows. The leader said this about her club: "These were all novice beginner riders who advanced to walk/trot and a few even cantering. If there is an award for "best 4-H parents", I would love to nominate our club parents who are so supportive and involved."

**Congratulations to Pony Pals 4-H Club
with co-leaders Kimberly Creamer and Natasha Martinson!**



Finally, we have a new award for a highly deserving individual who works tirelessly as a 4-H volunteer here in Leelanau County. This is the **Leelanau County 4-H Volunteer of the Year Award**. Our winner this year said yes to every request, from helping with the Leelanau County 4-H Babysitting Club and its 20 youth members, to working on outreach events such as Orchard Tours and More (all four days), multiple community petting zoos, and then taking part in the Tanner 4-H Exhibit Building Committee, planning a week of cloverbud activities for hundreds of youth, and being there every day (except one) of Fair to make these activities happen. She took on a judging role in the barn, too. She brought family to help show more animals at more petting zoos, and then she said yes to coming to this past fall's school farm markets. Then she helped at the Halloween event at the Government Center. She then said she would help at a new event at St. Mary School, the Provemont Holiday Craft Show, and when I called in sick, she saved the day, brought her sister along, and worked with over 40 youth and their families on about six different fun holiday crafts. This volunteer has made my experience as a 4-H Program Coordinator easier each year—she helps constantly, and cheerfully. She truly exemplifies our Head, Heart, Hands, and Health, and I am thrilled to honor Kathy Swinney as this year's

Leelanau County 4-H Volunteer of the Year!

Congratulations, Kathy!



We are already planning next year's awards celebration, which will be held on **Sunday, January 14th, 2024**. Please save the date in your calendars. This next awards celebration will be a combination of our wonderful 4H4All event and the awards celebration—a way for our clubs to come together, share what they do, and then be celebrated for their accomplishments.

Northwest Michigan 4-H Livestock Council:

Next meeting: **March 6, 2023**

Dairy Feeder, Goat, Junior Beef, Lamb, Poultry registrations due by midnight

Education Expo: March 5th, 2023

Expo runs 10:00 am through 4:00 pm at the Great Wolf Lodge in Traverse City. 4-H youth and adult volunteers should sign up for the event through their 4HOnline family accounts, by choosing event from the lefthand side of the screen, and then selecting up to five sessions. Sessions will start on the hour, and will go for about 45 minutes each, with a break for lunch from noon to 1:00 pm. All 4-H youth who are part of the Livestock Council will be provided with a free pizza/pop lunch. Need help getting into sessions? Reach out to our office: 256-9888 or by emailing Rosali at collierr@msu.edu

Tanner 4-H Exhibit Building: Theme for club booth displays this year is "Tell Your 4-H Story"

EDUCATION EXPO FLYER

EDUCATION EXPO SCHEDULE



COURSES & SPEAKERS (Schedule released soon)

- General Education
- Cattle
- Swine
- Lamb & Goat
- Horse
- Poultry & Rabbit
- Llama & Alpaca



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Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contacts Emily Kotz or Rosali Collier two weeks prior to the start of the event, March 5th, at 231-922-4825 or 231-256-9888. Requests received after this date will be honored whenever possible.

Ready to learn something
Awesome together?

**Education Expo
March 5th
Starting at 10am
Great Wolf Lodge**

	Large Ballroom	Small Ballroom	Timberview	Northwest A	Fallen Timbers B
10:00 - 11:00	Cattle, Horse, Swine - Magna Wave - Liv Rice	All Species - Sarah Machniak Veterinary Nurse	Lamb & Goat - Dr. Megan Freeland Sm Ruminant Quality Assurance	Horse - Terri Delbridge Saddle Seat	General - Remington Rice - Farm Stress Management
11:00 - Noon	Rope Halters - Stacy Sieffert Schick	All Species - Sarah Machniak Veterinary Nurse	Lamb & Goat - Dr. Megan Freeland Advanced Reproduction (AI & ET)	Horse - Terri Delbridge Judges Perspective	General - Pigeon Training Mike Netzky
Noon - 1:00	LUNCH				
1:00 - 2:00	Swine - Casey Zangaro- Swine Nutrition, Housing, and Proper Needle Usage	Poultry & Rabbits - John Culp - Feed & Nutrition	Rope Halters - Stacy Sieffert Schick	General - Record Books & Thank You Notes - Renee Hobbins	Lamb - Alex Scovill
2:00-3:00	Swine - Casey Zangaro- Swine Welfare & Preparation for the County Fair	Poultry & Rabbits - John Culp - Feed & Nutrition	Llama / Alpaca - Renee Hobbins & Kathy Easter From Shear to Shawl	Lamb - Olivia Duell Showmanship and Fitting	Differently Abled - Record Books Beth Stephens
3:00-4:00	Cattle - Basic Cattle Health & Nutrition Auburn Moyer	Poultry 101 - Lynn Henning	Llama / Alpaca - Renee Hobbins & Kathy Easter Make & Take	Rabbits - Reading ARBA Standards & Health Lisa Ralph	Differently Abled - Sensory Activities Beth Stephens



Do you have QuickBooks experience?

Do you have about 2 hours per month?



Can you attend a monthly Youth Association Meeting?



We're searching for a 4-H Volunteer to serve as Youth Association Treasurer!



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for further information contact: Rosali Collier

4-H Program Coordinator

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4-H GROWS HERE



SUTTONS BAY PUBLIC SCHOOLS

Leelanau County 4-H iPad Collection Being Used at Suttons Bay Public Schools

We are very excited to have our classroom iPad and Apple Pencil collection being used by two teachers and their students at Suttons Bay Public Schools this spring!

Mary Hall and Elizabeth Richards will be using the “Everyone Can Create” curriculum presented by Apple with their students, and youth will all have the opportunity to use an iPad to learn about music and art in more hands-on and tech-savvy ways. We provided a charging cart, 25 iPads, Apple Pencils, and a classroom set of headphones for the teachers to use. We can't wait to see what these students learn and create in 2023!



Leelanau County 4-H Tractor Safety Program

Teens can improve their chances of employment this summer by completing this course. For 14 & 15 year old youth, and must be 14 by June 1st, 2023. Space is limited!

Follows Purdue Extension's "Gearing Up for Safety: Production Agriculture Safety Training for Youth" curriculum. Where: Northwest Michigan Horticulture Research Center, Sundays, May 7th, 21st, 28th, from 3-5 pm, and a written and driving test day on Sunday, June 4th, with a rain date of June 11th. Testing day will be by appointment, between 8:00 am and 4:00 pm. The cost per student will be \$60, and includes the classes, curriculum binder, certificate, and snacks on test day. Some scholarships are available. The flyer and registration link will be sent out soon.





4-H Exploration Days on the MSU Campus

This pre-college program held on the MSU campus June 21-23, 2023, will be open for registration in just a few weeks! Leelanau County scholarships are available, and all 4-H adult volunteers will have their fees paid for. We will take two school buses round-trip so that families don't have to worry about transportation.

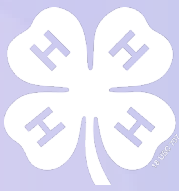
Want to go with a friend? Sign up together and ask to share a dorm room!

- There'll be more than 100 session choices held on and off campus. You'll choose two or three for your three-day stay.
- You'll live in a Michigan State University dorm and eat in the cafeteria—just like MSU students do.
- Sessions are taught by people who know their stuff, including MSU faculty members, 4-H volunteers and staff members and other experts.
- It's not all sessions! There's plenty of time for fun, including skating, souvenir shopping, exploring, bowling, basketball—even a great dance Thursday night.
- **The 2023 cost is \$220.** For more information please see the [Registration Information](#) page.
 - The fee includes meals, a shared room in a dorm, sessions and a t-shirt. 4-H Scholarship funds are available.
- **Registration opens March 21st, 2023.** You will be asked to put \$50 down as a deposit. Registration books that show all of the sessions and details on everything happening during Exploration Days will be available online and from county Extension offices in by the end of February. Booklets will be taken to all of our county schools now that the sessions list is released, including the scholarship application form and the bus form.
- Registration deadline will be at the end of April. Don't wait until the deadline though, because popular sessions fill up fast!

Please go to the 4-H Exploration Days website for more information <https://www.canr.msu.edu/events/4-h-exploration-days-2023>

or contact Rosali Collier at

collierr@msu.edu

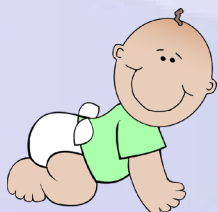


Leelanau County 4-H Babysitting Club Members are Just About to Graduate!



Our Leelanau County 4-H Babysitting Club has met 3 times already, and what a wonderful group of youth! We have 18 young folks from all over the county, and Grand Traverse County, too, representing five of our local schools! The first two of the last three weeks were dedicated to learning CPR and First Aid, under the instruction of Lieutenant Josh Porter from the Suttons Bay Bingham Fire and Rescue Station. Josh taught them skills to help them respond in a helpful way during an emergency. They will walk away with a 2-year certification from the American Heart Association.

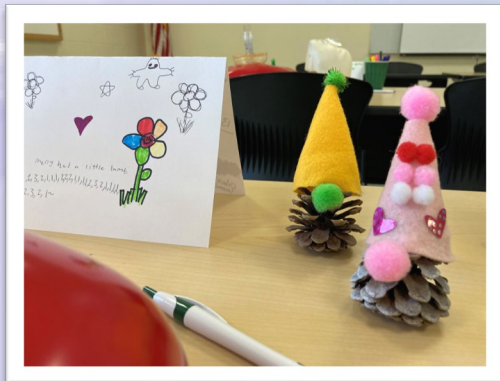
As we finish out the club, the students will learn many things about safety, crafts, snack-making, the ages and stages of babies and kids, and just what it takes to be a great babysitter. We will do everything from practicing how to read aloud to role-playing different babysitting scenarios. By the end, they will have received handouts to add to their curriculum binders and things to take with them to add to their babysitting bags, including creating their very own first aid kits for emergencies. They will even practice how to advertise safely that they are certified to be babysitters! We will celebrate their accomplishments with a graduation, and each youth will receive a certificate and pin. Thank you, in our sixth year of providing this program, for being a great partner, Suttons Bay Bingham Fire and Rescue! And thank you to co-leader Kathy Swinney and teen leader Isabelle Plamondon for their tremendous help and work on making this a great program for our 4-H'ers!

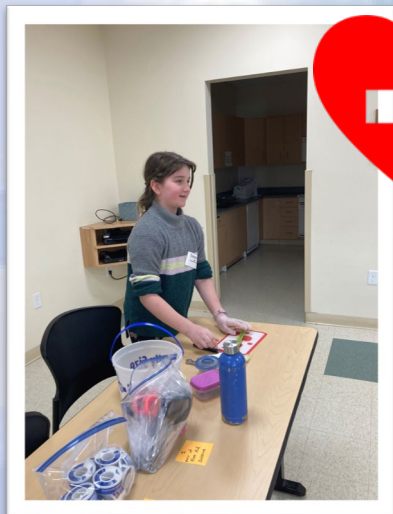
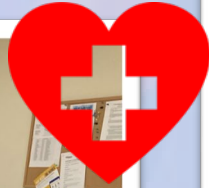




4-H GROWS HERE







STEAM/Makers Alliance Mini-Makers Pop Up Event at the Great Lakes Children's Museum

Join Leelanau County 4-H and Grand Traverse County 4-H at the Great Lakes Children's Museum right here in Leelanau County for a fun-filled evening on Friday, February 24th, from 5-7 pm for a free, family event! All of the activities offered will be STEAM-focused, and to reserve your spot(s), please go to the Children's Museum website at this link:

<https://www.greatlakeskids.org/events/ar-20230224e/>

Join us for an evening of exploration, art and fun at a

STEAM/Makers Alliance Mini-Makers Pop Up Event

Proudly Hosted by:

With STEAM-focused activities led by :

GREAT LAKES CHILDREN'S MUSEUM

TRaverse AREA DISTRICT LIBRARY

Inland Seas EDUCATION ASSOCIATION

4-H GROWS HERE

NEWTON'S ROAD

CHALLENGE ISLAND

ARTS For all of Northern Michigan

Grand Traverse Conservation District

Live Butterflies • Live Bugs • Fly Paintings • Fly Bug • Grand Traverse, Michigan

When: Friday, Feb 24 from 5-7pm

Tickets are FREE but space is limited!

Reserve your spot online at [greatlakeskids.org](https://www.greatlakeskids.org)



STATEWIDE CALENDAR OF EVENTS

Win prizes with 4-H Money Contests



Money, money, money! In honor of Financial Awareness Month held each April, MSU Extension is coordinating two contests with an opportunity to win... money!

Youth ages 9-12 can write a short essay of 300 words or less for a chance to win a \$100 gift card in the Cash Composition Contest.

Youth ages 13-19 can participate in a 30-question online challenge for a chance to win a \$25 gift card in the Show Your Money Smarts Contest.

Learn more at www.canr.msu.edu/4-h-money-smarts. Prizes for the contests are generously sponsored by Extra Credit Union and the Michigan Credit Union Foundation.



March 2: Build Your Future - Career Education for Youth *Online*

Adults who work with youth are encouraged to join this webinar session to learn ways to implement career education and workforce development skills with youth!

www.canr.msu.edu/events/build-your-future-mar-2

March 10: 4-H Teen Fun Night

The Northern Center & Fox Den Restaurant, Houghton Lake

Teens from Roscommon and surrounding counties are invited for a night of video games, basketball, board games, cards, food, fun and making friends.

<https://www.canr.msu.edu/events/4-h-teen-fun-night-march-2023>

March 11-12: Tollgate Farm Maplefest

Tollgate Farm, Novi

Identify and tap a maple tree, tour the sugar shack, explore fun maple-themed activities, take a wagon ride, taste maple sap, syrup and sugar, and explore maple tools and technology. Enjoy pancakes, sausage, coffee, cocoa and real maple syrup in the historic 19th-century barn.

www.canr.msu.edu/events/msu-tollgate-farm-maplefest

March 14: Wild Spartans Series - Upland Bird Conservation

Online

Meet Pheasants Forever and Quail Forever Education and Outreach Manager Marissa Jensen. Learn about her field work and the education and career path she followed to get there.

www.canr.msu.edu/events/wild-spartans-series-march-2023

March 16: Adulting 101 – Paycheck and Taxes

Online

Understanding why and how taxes and other items are deducted from a worker's paycheck is an important step toward gaining financial knowledge. Explore what taxes are and why we pay them. See how taxes affect your salary vs. your take home pay.

www.canr.msu.edu/events/adulting3-16-23

March 18: 4-H Hippology Contest

Anthony Hall, East Lansing

Participants will be able to demonstrate their experience and knowledge gained in horse judging, quiz bowl, speeches and practical horse management. Register by March 3.

www.canr.msu.edu/events/mi-4-h-hippology-contest





STATEWIDE 4-H NEWS

Apply for the Michigan 4-H State Awards!

Michigan 4-H true leaders ages 11 and older have an opportunity to be recognized for the great work they do in 4-H and develop their career skills by completing a state award application. A Michigan 4-H State Award is the highest honor bestowed on a Michigan 4-H member and provides an opportunity to receive recognition for their engagement in rich learning experiences that result in outstanding knowledge and life-skill development.

State award applications are divided into four categories: Mark of Excellence essay contest (11-12 years old), junior state award (13-15 years old), senior state award (16-19 years old) and group awards (13-19 years old). The application process and selection is determined by the age of the 4-H member.

More information about the Michigan 4-H State Award process can be found online at <http://bit.ly/stateaward>. Applications are due April 1. For more information, contact your 4-H program coordinator or email Betty Jo Krosnicki at nashbett@msu.edu or Janice Zerbe at rajzerj@msu.edu.



MICHIGAN 4-H VOLUNTEER WEBINAR SERIES

February 28th
Building the Value of Your 4-H Club

March 16th
Creating a Welcoming 4-H Club

April 13th
Energizing Your 4-H Club Meetings

ALL TRAININGS OFFERED 12-1PM EST AND 7-8PM EST

REGISTER HERE:
www.canr.msu.edu/volunteering/mi-4-h-volunteer-webinar-series

Register for Michigan 4-H Volunteer Webinar Series!

Join Michigan 4-H for an online webinar series that will provide volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers.

There will be a minimum of six topics offered throughout the year, with each topic offered twice (once as a daytime and once as an evening option). Everyone who attends at least four of the live webinars will receive a certificate at the end of the series.

The session dates and topics for the first three months are:

- **Building the Value of Your 4-H Club:** This session will focus on the key components of creating a club environment and how that leads to positive outcomes.
 - February 28, from 12:00 - 1:00 p.m. or 7:00 - 8:00 p.m.
- **Creating a Welcoming 4-H Club:** This session will allow you to learn new strategies as well as share methods that have worked for you.
 - March 16, from 12:00 - 1:00 p.m. or 7:00 - 8:00 p.m.
- **Energizing Your 4-H Club Meetings:** Learn quick and engaging activities to make your next meeting both fun and functional. Have fun and learn ways to help everyone participate at their own comfort level.
 - April 13, from 12:00 - 1:00 p.m. or 7:00 - 8:00 p.m.

For registration links or more information, visit www.canr.msu.edu/volunteering/mi-4-h-volunteer-webinar-series.